

July 13, 2017

Dear Parent

This letter is to keep you informed of our high school and junior high sports requirements. If your son or daughter is planning on participating in any athletic activity for Chinook schools during the 2017-18 year, please carefully read this letter. **A physical and the concussion information must be handed in BEFORE the first practice.** Concussion information, physical information and current athletic schedules and practice times are posted on the school website. [www.chinookschools.org](http://www.chinookschools.org)

**PRACTICE TIMES:**

Football - high school	Friday August 11	7:00 am and 7:00 pm
Football - junior high	Monday August 14	5:30-7:30 pm (FB field)
Volleyball – high school	Friday Aug. 11	9:00 am and 1:00 pm
Volleyball – Junior High	Monday August 14	5:30-7:00 pm (HS gym)
Cheerleading – high school	Friday August 14	9:00 am (auditorium)

- ◆ **Pre-season/meeting** please note that there will be an informational meeting and paperwork signing extravaganza for JH and HS parents and athletes on **Tuesday Aug. 15 at 7:00 pm** in the HS auditorium. I strongly encourage all parents and athletes to attend. All additional paperwork and fees can be handled at that time.
- ◆ **High School Football** practices twice per day. Practice on the first day will be at **7:00 am**, second practice time will be 7:00 pm. These times could be subject to change throughout the rest of the week depending on the coaches' schedules
- ◆ **Junior High Football (6<sup>th</sup>-8<sup>th</sup> grade)** practices once per day. Practice time for the first day will be from 5:30-7:30 pm. (this time is tentative- please check the school website for updates)
- ◆ **High School Volleyball** practices twice per day. Practice will be held in the high school gym from 9:00 to 11:00 am and 1:00-3:00 pm. These times could be subject to change throughout the rest of the week depending on the coaches' schedules.
- ◆ **Junior High Volleyball (7<sup>th</sup>-8<sup>th</sup> grade)** practices once per day in the high school gym. Practice times for the first day will be 5:30-7:00 pm. (this time is tentative- please check the school website for updates)
- ◆ **High School Cheerleading** Practice will start August 14 at 9:00am in the high school Auditorium.

**It is very important that your son/daughter is ready to begin practice on the first practice date as each high school athlete must have 10 days of practices for volleyball, cheerleading and football before they can compete in the first contest.**

In addition, please note the following, all incoming athletes to our high school and junior high sports programs, must have the following:

- ◆ Sports physical turned into the coach on the MHS A form. (THIS MUST BE COMPLETED BEFORE THEY CAN PRACTICE). Forms are available at the high school office, school website or Sweet Medical Center. **Sweet Medical Center is running sports physical day on Aug. 8-10. Call for an appointment and the athlete must be accompanied by a parent or guardian.** *\*\*Note – please remember to sign the back of the physical form. They will be returned to you if this is not done.*
  
- ◆ Concussion Form. (THIS MUST BE COMPLETED BEFORE THEY CAN PRACTICE) Because of the passage of the Dylan Steiger’s Protection of Youth Athletes Act, schools are required to distribute information sheets for the purpose of informing and education student-athletes and their parents of the nature and risk of concussion and head injury to student athlete, including the risks of continuing to play after concussion or head injury. Montana law requires that each year, before beginning practice for an organized activity, a student-athlete and the student-athlete’s parent(s)/legal guardian(s) must be given an information sheet, and both parties must sign and return a form acknowledging receipt of the information to an official designated by the school or school district prior to the student-athletes participation during the designated school year. The law further states that a student-athlete who is suspected of sustaining a concussion or head injury in practice or game shall be removed from play at the time of injury and may not return to play until the student-athlete has received a written clearance from a licensed health care provider.
  
- ◆ **Academic eligibility**
  - In order to be academically eligible the student must have passed all subjects they were enrolled in from the previous **QUARTER**. For fall sports, please check your child’s 4<sup>th</sup> quarter report card from the 2016-17 school year.
  
- ◆ **Academic eligibility for 9<sup>th</sup> graders:** (Football/Volleyball/Cheerleading only)
  - Incoming 9<sup>th</sup> grade students who enter high school with failing grades from Junior high or another school will be placed on academic probation. They will be able to play immediately, but they must have passing grades at midquarter in order to continue.
  
- ◆ **Academic eligibility for 8<sup>th</sup> graders:**
  - In order to be academically eligible the student must have passed all subjects they were enrolled in from the previous **QUARTER**. For Fall eligibility, please check your child’s 4<sup>th</sup> quarter report card from the 16-17 school year.
  
- ◆ **Academic eligibility for 6<sup>th</sup> and 7<sup>th</sup> graders:**
  - Academic eligibility for these two age groups for fall sports is based on their promotion into the next grade. After the first quarter, it is based on the previous quarter’s grades.

If you have any questions, or concern please contact Christian Lehnert (football), Cord Anderson (JH football) Mollie Rose (volleyball), Hope Hamilton (JH volleyball) Jerilyn Wood (cheerleading) or Paula Molyneaux (Athletic Director).

Sincerely

Paula Molyneaux, A. D.